

10.1.18

Dear future Breastfeeding Peer Counselor,

Welcome! I'm so happy that you will be attending, ***Rush Mothers' Milk Club Presents: Breastfeeding Peer Counselors training for the hospital setting.*** Successful completion of this course and receipt of certificate is not tied to a paid position as a Rush Breastfeeding Peer Counselor, however, your training may be used as a springboard to obtain a position as a breastfeeding peer counselor within a hospital setting as it has for many of our past participants. This is a unique course and the information you receive will be helpful in your professional practice, personal or community contacts. Here are the details regarding our days together:

**On October 26<sup>th</sup>, we will meet at the elevators just outside of the  
Rush NICU, 8<sup>th</sup> floor tower, at 10:00am**

**We are a locked, closed unit. Please wait behind the blue glass in our waiting  
room. I will come and get you and we'll enter the NICU as a group.**

**Parking / Directions: If you are driving to Rush:** There is scarce street parking or parking is available in our visitor parking garage: you can enter the garage on the Harrison side just west of Ashland. Take the set of parking garage elevators located along Harrison /north side of the garage to the 4<sup>th</sup> floor. Take the 4<sup>th</sup> floor walking bridge over Harrison to the atrium entrance at Au Bon Pain. The attendant at the main front desk will direct you to the tower visitor elevators. Take the elevator to the 8<sup>th</sup> floor and have a seat behind the blue glass. **Paying for parking:** Take a ticket when you enter. You will need to pay for your ticket at a kiosk before returning to your car October 26<sup>th</sup>.

**If you prefer to be dropped off:** come to the main entrance at 1620 W. Harrison. Take the atrium entrance elevators to the 4<sup>th</sup> floor and head east toward the white butterfly-shaped tower building. Take the tower visitor elevators to the 8<sup>th</sup> floor. Please wait behind the blue glass waiting room outside of the elevators. I will meet you and walk as a group to our class location.

**Some other info you should know:**

- On day one: we will provide coffee and a small breakfast. Feel free to bring snacks and beverages for yourself or to share daily.
- On the final day of training, there is no lunch break because we will have a graduation ceremony; families are invited to attend this celebration.
- For lunch breaks, there are 3 options to purchase lunch within our campus:
  1. ABP (Au Bon Pain) on 4<sup>th</sup> floor atrium building
  2. Cafeteria: lower level academic facility entrance
  3. Subway: ground floor orthopedic building @ Harrison & Ashland

Feel free to bring your favorite snacks, beverages-whatever you like. Pumping mothers we will accommodate you of course ☺ Healthy, symptom-free breastfeeding babies are welcome to attend with you. Please let me know if you plan to bring your nursing baby.

**\*\*\*\*Please note\*\*\*\***you must attend all days in their entirety to receive your certificate of completion. If for some reason you must leave early, start late, or miss a day – you will have to make up that time missed at the next training and will not receive your BPC certificate until your missed content is complete – so please plan to attend this entire course as scheduled.

If something comes up and you will be late or absent please call the NICU at (312) 947-8800 and ask to have Katie McGee from lactation notified, or call the BPC office at (312) 947-8914 and ask the person that answers to let me know.

**Required pre-reading: you have homework already ☺**

Before arriving on day one please, read the article:

Journal of Human Lactation article: Dr. Paula Meier

Emailed to you upon receipt of application

The course content is research evidence – based. You will receive homework each day of the course. Please keep up with any reading assignments as the topics will be discussed during the following class. Feel free to email me if you have any questions or concerns. Please complete and return the registration and payment information below as soon as possible. I look forward to seeing you on October 26th!

Katie

***Katie McGee, RN, BSN, IBCLC***

***Registered Nurse, International Board Certified Lactation Consultant***

***Rush Mothers' Milk Club Project Manager, Breastfeeding Peer Counselor Training Program Administrator***

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